FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPRO

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|---|--------------------------|-----------|--|--|--|--|--|--|--|--|
|   | OMB Number:              | 3235-0287 |  |  |  |  |  |  |  |  |
|   | Estimated average burden |           |  |  |  |  |  |  |  |  |
|   | hours per response:      | 0.5       |  |  |  |  |  |  |  |  |

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

| 1. Name and Address of Reporting Person*  de Carvalho Filho Eleazar |   |  |   |   | 2. Issuer Name and Ticker or Trading Symbol TechnipFMC plc [ FTI ] |   |   |  |   |                                |           |  | (Ch   | Relationship<br>eck all app<br>X Direct | •   |  |   |  |  |  |
|---|---|--|---|---|--|---|---|--|---|--------------------------------|-----------|--|---|---|---|--|---|--|--|--|
|   | (Last) (First) (Middle) C/O TECHNIPFMC PLC  |  |   |   |  | 3. Date of Earliest Transaction (Month/Day/Year) 03/08/2022 |   |  |   |                                |           |  |   |   | Office<br>below                                       | cer (give title<br>w)  |   | Other (specify below)  |  |  |
| HADRIAN HOUSE, WINCOMBLEE ROAD                                      |   |  |   |   |  | 4. If Amendment, Date of Original Filed (Month/Day/Year)    |   |  |   |                                |           |  |   |   | 6. Individual or Joint/Group Filing (Check Applicable |  |   |  |  |  |
| (Street) NEWCASTLE UPON TYNE  NE6 3PL                               |   |  | L   | 4. II Allieliument, Date of Original Filed (Month/Day/Teal) |  |   |   |  |   |                                |           | Line   | X Form filed by One Reporting Person Form filed by More than One Reporting Person |   |   |  |   |  |  |  |
| (City)  | (Sta  | ate) (Z                                    | Zip)  |   |  |   |   |  |   |                                |           |  |   |   |   |  |   |  |  |  |
|   | Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned  |  |   |   |  |   |   |  |   |                                |           |  |   |   |   |  |   |  |  |  |
| 1. Title of Security (Instr. 3)  2. Transact Date (Month/Day        |   |  |   |   |  | Execution Date,   |   | Date,                                  | 3. 4. Securities Acquired (A Disposed Of (D) (Instr. 3 S) |                                |           |  |   | , 4 and Securi<br>Benefi<br>Owned       |   | ies<br>cially<br>Following   | 6. Ownership<br>Form: Direct<br>(D) or Indirect<br>(I) (Instr. 4) |  | 7. Nature<br>of Indirect<br>Beneficial<br>Ownership                |  |
|   |   |  |   |   |  | Code  | v   | Amount                                 | (A<br>(D  | ) or<br>)                      | Price     | Reporte<br>Transa<br>(Instr. 3   | ction(s)  |   |   | (Instr. 4)   |   |  |  |  |
| Ordinary Shares 03/08/2   |   |  |   |   |  | 2022  |   |  | A   |                                | 22,208(1) | 1) <b>A</b>  |   | \$ <mark>0</mark>                       | 116,809   |  |   | D  |  |  |
|   | Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned  (e.g., puts, calls, warrants, options, convertible securities) |  |   |   |  |   |   |  |   |                                |           |  |   |   |   |  |   |  |  |  |
| 1. Title of<br>Derivative<br>Security<br>(Instr. 3)                 | 2.<br>Conversion<br>or Exercise<br>Price of<br>Derivative<br>Security   | 3. Transaction<br>Date<br>(Month/Day/Year) | 3A. Deemed<br>Execution Date,<br>if any<br>(Month/Day/Year) |   | 4.<br>Transaction<br>Code (Instr.<br>8)                            |   | 5. Number<br>of<br>Derivative<br>Securities<br>Acquired<br>(A) or<br>Disposed<br>of (D)<br>(Instr. 3, 4<br>and 5) |  | 6. Date Exercisa<br>Expiration Date<br>(Month/Day/Yea     |                                | te        | 7. Title and<br>Amount of<br>Securities<br>Underlying<br>Derivative<br>Security (Ins<br>3 and 4) |   |   | 8. Price of<br>Derivative<br>Security<br>(Instr. 5)   | 9. Number<br>derivative<br>Securities<br>Beneficially<br>Owned<br>Following<br>Reported<br>Transaction<br>(Instr. 4) | / Di<br>Or<br>Or<br>(I)   | 10.<br>Ownership<br>Form:<br>Direct (D)<br>or Indirect<br>(I) (Instr. 4) | 11. Nature<br>of Indirect<br>Beneficial<br>Ownership<br>(Instr. 4) |  |
|   |   |  |   | Code  | v  | (A)   | (D)   | Date Expiration Exercisable Date Title |   | Amo<br>or<br>Num<br>of<br>Shar | nber      |  |   |   |   |  |   |  |  |  |

## Explanation of Responses:

1. Grant of restricted stock units, each of which represents a contingent right to receive one Ordinary Share, that will vest March 8, 2023.

## Remarks:

/s/ Guillaume Groisard, Attorney-in-Fact 04/01/2022

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- $^{\star}$  If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.