## SEC Form 4 FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL	
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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).
Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan for the purchase or sale of equity securities of the issuer that is intended to satisfy the affirmative defense

conditions of Rule 10b5-1(c).	See Instruction	10.																	
1. Name and Address of Reporting Person <sup>®</sup> <u>Landes Jonathan</u>					2. Issuer Name and Ticker or Trading Symbol <u>TechnipFMC plc</u> [ FTI ]									onship of Reporti all applicable) Director Officer (give t	о (	s) to Issuer	10% Owr	ier ecify below)	
(Last)     (First)     (Middle)       C/O TECHNIPFMC PLC       ONE SUBSEA LANE					3. Date of Earliest Transaction (Month/Day/Year) 08/08/2023									President Subsea					
	TX (State)	77 (Zij	044 p)		4. If Amendment, Date of Original Filed (Month/Day/Year)									6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person					
			Table	I - No	n-Derivat	ive Secu	rities Ac	quired, l	Dispo	osed of	, or Ben	eficially (	Dwned						
····································				2. Transaction Date Month/Day/Ye	ar) if any	2A. Deemed Execution Date, if any (Month/Day/Year)				ities Acquir 4 and 5)	ed (A) or Disp	oosed Of (D)	Beneficially Own Following Repor	Amount of Securities Beneficially Owned Following Reported		ip Form: or Indirect	7. Nature of Indirect Beneficial		
						(Montr	/Day/rear)	Code	v	Amount		(A) or (D)	Price	4)	nsaction(s) (Instr. 3 and			Ownership (Instr. 4)	
Ordinary Shares					08/08/2023	3		G		6,	258	D	\$ <mark>0</mark>	161,73	0	D			
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned           (e.g., puts, calls, warrants, options, convertible securities)																		
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative		3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)			7. Title and Amount of Secu Underlying Derivative Secur and 4)			8. Price of Derivative Security (Instr. 5)	9. Numb derivati Securiti Benefic Owned	ive Ow ies For ially (D)	f 10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
	Security			Code	v	(A) (D)		Date Exercisat	e E D	xpiration ate	Title		Amount or Number of Shares		Followin Reporte Transac (Instr. 4	ed ction(s)			
Explanation of Responses:							-												

Remarks:

 /s/ Kathleen Gehlhausen, Attorney-in-Fact
 08/09/2023

 \*\* Signature of Reporting Person
 Date

\*\* Signature of Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly. \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v). \*\* Intentional mistatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a). Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure. Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

TechnipFMC plc

## LIMITED POWER OF ATTORNEY (For Executing Forms 3, 4 and 5)

Know all by these presents, that the undersigned hereby constitutes and appoints each of Cristina Aalders, Kathleen Gehlhausen, Olivia Reed and Stevan V

1. Execute for and on behalf of the undersigned, in the undersigned's capacity as an officer or director, or both, of TechnipFMC plc (the "Company"),

2. Do and perform any and all acts for and on behalf of the undersigned that may be necessary or desirable to complete and execute any such Form 3, 4

3. Take any other action of any type whatsoever in connection with the foregoing which, in the opinion of such attorney-in-fact, may be of benefit to perform any and every act and thing whatsoever requisite, necessary and proper to be done in the exercise of any of the rights and powers herein granted. This Limited Power of Attorney shall remain in full force and effect until the undersigned is no longer required to file Forms 3, 4 or 5 with respect to

IN WITNESS WHEREOF, the undersigned has caused this Limited Power of Attorney to be executed as of this 9th day of August 2023.

/s/Jonathan Landes Name: Jonathan Landes