FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB Number: 3235-0287
Estimated average burden
hours per response: 0.5

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan for the purchase or sale of equity securities of the issuer that is intended to satisfy the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10.

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* Rounce Justin			2. Issuer Name and Ticker or Trading Symbol TechnipFMC plc [FTI]		5. Relationship of Reporting Person(s) to Issuer (Check all applicable)				
					Director	10% Owner			
(Last) C/O TECHNIPF) HADRIAN HOU (Street)		(Middle) MBLEE ROAD	3. Date of Earliest Transaction (Month/Day/Year) 03/11/2025	X	Officer (give title below) EVP & Chief Technology Officer	Other (specify below)			
NEWCASTLE UPON TYNE	X0	NE6 3PL	4. If Amendment, Date of Original Filed (Month/Day/Year)	6. Indiv Line)	ividual or Joint/Group Filing (Check Applicable Form filed by One Reporting Person				
(City)	(State)	(Zip)			Form filed by More the Person	an One Reporting			

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned												
1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transa Code (8)		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5)		5. Amount of Securities Beneficially Owned Following Reported	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership			
			Code	v	Amount	(A) or (D) Price		Transaction(s) (Instr. 3 and 4)		(Instr. 4)		
Ordinary Shares	03/11/2025		S		235,713(1)	D	\$26.65(2)	349,356	D			
Ordinary Shares	03/11/2025		S		13,951(1)	D	\$25.99(3)	335,405	D			
Ordinary Shares	03/11/2025		S		179,482(1)	D	\$25.65(4)	155,923	D			
Ordinary Shares	03/11/2025		S		15,716(1)	D	\$25.96(5)	140,207	D			
Ordinary Shares	03/12/2025		M		42,178(1)	A	\$16.47	182,385	D			
Ordinary Shares	03/12/2025		S		42,178(1)	D	\$26.55(6)	140,207	D			

	(e.g., puts, calls, warrants, options, convertible securities)														
Derivative Conversion Date Execution Security or Exercise (Month/Day/Year) if any		3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr.		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		(Instr. 4)		
Employee Stock Option (right to	\$16.47	03/12/2025		М			42,178 ⁽¹⁾⁽⁷⁾	03/08/2022	03/08/2029	Ordinary Shares	42,178	\$0	39,108	D	

Table II Derivative Securities Acquired Disposed of or Repoficially Owned

Explanation of Responses:

- 1. The transactions reported in this Form 4 (all sales and the exercise of stock options) were effected pursuant to a Rule 10b5-1 trading plan adopted by the Reporting Person on December 2, 2024.
- 2. This price reported is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$24.92 to \$25.91, inclusive. The reporting person undertakes to provide to the Issuer, any security holder of the Issuer, or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the ranges set forth in this
- 3. This price reported is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$25.92 to \$26.08, inclusive. The reporting person undertakes to provide to the Issuer, any security holder of the Issuer, or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the ranges set forth in this footnote.
- 4. This price reported is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$24.90 to \$25.89, inclusive. The reporting person undertakes to provide to the Issuer, any security holder of the Issuer, or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the ranges set forth in this
- 5. This price reported is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$25.90 to \$26.07, inclusive. The reporting person undertakes to provide to the Issuer, any security holder of the Issuer, or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the ranges set forth in this footnote.
- 6. This price reported is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$26.50 to \$26.66, inclusive. The reporting person undertakes to provide to the Issuer, any security holder of the Issuer, or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the ranges set forth in this footnote.
- 7. Reflects the automatic adjustment of the exercise price and number of shares subject to the employee stock option pursuant to anti-dilution provisions contained in the applicable award, which provisions were triggered as a result of the completion of the Issuer's pro-rata distribution of a portion of the outstanding shares of Technip Energies N.V. to the Issuer's shareholders (the "Spin-off") on February 15, 2021.

Remarks:

/s/ Lisa P. Wang, Attorney-In-Fact

03/13/2025

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.