UNITED STATES

SECURITIES AND EXCHANGE COMMISSION

Form 144 Filer Washington, D.C. 20549 Information

Form 144

NOTICE OF PROPOSED SALE OF SECURITIES

FORM 144 PURSUANT TO RULE 144 UNDER THE SECURITIES ACT OF

1933

144: Filer Information

Filer CIK 0001382500 Filer CCC XXXXXXXX

Is this a LIVE or TEST Filing? Radio button checked LIVE Radio button not checked TEST

Submission Contact Information

Name

Phone

E-Mail Address

144: Issuer Information

Name of Issuer TechnipFMC plc

SEC File Number 001-37983

HADRIAN HOUSE
WINCOMBLEE ROAD
NEWCASTLE LIBON TVN

Address of Issuer NEWCASTLE UPON TYNE

UNITED KINGDOM

NE6 3PL

Phone 44 191 295 0303

Name of Person for Whose Account the Securities are To Be Sold

Zurquiyah Rousset Sophie

See the definition of "person" in paragraph (a) of Rule 144. Information is to be given not only as to the person for whose account the securities are to be sold but also as to all other persons included in that definition. In addition, information shall be given as to sales by all persons whose sales are required by paragraph (e) of Rule 144 to be aggregated with sales for the account of the person filing this notice.

Relationship to Issuer Director

144: Securities Information

Title of the Class of Securities To Be Sold	Name and Address of	Number of Shares or Other Units To Be Sold	Aggregate Market Value		Approximate Date of Sale	Name the Securities Exchange
Common	Fidelity Brokerage Services LLC 900 Salem Street Smithfield RI 02917	9381	348225.13	411016473	07/25/2025	NYSE

Furnish the following information with respect to the acquisition of the securities to be sold and with respect to the payment of all or any part of the purchase price or other consideration therefor:

144: Securities To Be Sold

Title of the Class	Date you Acquired	II A CAILICITIAN	Name of Person from Whom Acquired	Cift?	Donor	Amount of Securities Acquired	Date of Payment	
Common	II	Restricted Stock Vesting	Issuer			9381	02/20/2025	Compensation

	Check		
	box not		
	checked		

^{*} If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

Furnish the following information as to all securities of the issuer sold during the past 3 months by the person for whose account the securities are to be sold.

144: Securities Sold During The Past 3 Months

Nothing to Report Checkbox checked

144: Remarks and Signature

Remarks

Date of Notice 07/25/2025

ATTENTION:

The person for whose account the securities to which this notice relates are to be sold hereby represents by signing this notice that he does not know any material adverse information in regard to the current and prospective operations of the Issuer of the securities to be sold which has not been publicly disclosed. If such person has adopted a written trading plan or given trading instructions to satisfy Rule 10b5-1 under the Exchange Act, by signing the form and indicating the date that the plan was adopted or the instruction given, that person makes such representation as of the plan adoption or instruction date.

Signature /s/ Gary Redman, as a duly authorized representative of Fidelity Brokerage Services LLC, as attorney-infact for Sophie Zurquiyah

ATTENTION: Intentional misstatements or omission of facts constitute Federal Criminal Violations (See 18 U.S.C. 1001)