FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

| OMB APPROVAL             |           |  |  |  |  |  |  |  |
|--------------------------|-----------|--|--|--|--|--|--|--|
| OMB Number:              | 3235-0287 |  |  |  |  |  |  |  |
| Estimated average burden |           |  |  |  |  |  |  |  |
| hours per response:      | 0.5       |  |  |  |  |  |  |  |

| $\neg$ | Check this box if no longer subject to Section 16. Form 4 |
|--------|---|
|        | or Form 5 obligations may continue. See Instruction 1(h)  |

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934

|   |  |                                   |   |                          |            | or Sect  | ion 30(n) of tr  | ie investm      | ent Comp  | pany Act of        | T 1940   |             |   |  |  |   |  |  |   |
|---|--|-----------------------------------|---|--------------------------|------------|--|--|-----------------|---|--------------------|--|-------------|---|--|--|---|--|--|---|
| Name and Address of Reporting Person* <u>Piou Olivier</u> |  |                                   |   |                          |            | 2. Issuer Name and Ticker or Trading Symbol TechnipFMC_plc [ FTI ] |  |                 |   |                    |  |             |   |  | hip of Reporting Pe<br>pplicable)<br>Director                  | erson(s) to   | Issuer   | 10% Own  | er  |
|   |  |                                   |   |                          |            | 3. Date of Earliest Transaction (Month/Day/Year) 11/22/2019        |  |                 |   |                    |  |             |   |  | Officer (give title  | below)  |  | Other (sp  | ecify below)  |
| (Street) LONDON X0 EC4M 8AP  (City) (State) (Zip)         |  |                                   |   |                          | 4. If Amer | If Amendment, Date of Original Filed (Month/Day/Year)              |  |                 |   |                    |  |             |   | Individual or Joint/Group Filing (Check Applicable Line)     X Form filed by One Reporting Person     Form filed by More than One Reporting Person |  |   |  |  |   |
|   |  |                                   |   | Table I -                | Non-Dei    | rivative S   | ecurities A  | Acquired        | l, Disp   | osed of            | f, or Bene   | ficially Ow | ned   |  |  |   |  |  |   |
| 1 The of Security (instit of                              |  |                                   | 2. Transact<br>Date<br>(Month/Day                           | y/Year) Exec             |            | Code (Ins  | Code (Instr. 8) 4 and  |                 |   |                    |  | Be<br>Re    | Amount of Securities eneficially Owned Following eported Transaction(s) |  | 6. Ownership Form:<br>Direct (D) or Indirect (I)<br>(Instr. 4) |   | 7. Nature of<br>Indirect Beneficial<br>Ownership (Instr. |  |   |
| Ordinary Shares   |  |                                   |   |                          | 11/22/2    |  | nth/Day/Year)  | Code            | V   | Amount 3           | ,000   | (A) or (D)  | \$19.49 <sup>0</sup>  | ·  | 3,000 D  |   | D  | 4)   |   |
|   |  |                                   |   | Table                    |            |  | urities Ac<br>s, warrant   |                 |   |                    |  | ially Owne  | ed  |  |  |   | ,  |  |   |
| 1. Title of Derivative Security (Instr. 3)                | r. 2.<br>Conversion<br>or Exercise<br>Price of<br>Derivative<br>Security | cise (Month/Day/Year)<br>f<br>ive | 3A. Deemed<br>Execution Date,<br>if any<br>(Month/Day/Year) | 4. Transac<br>(Instr. 8) | tion Code  | Securities A   | mber of Derivative<br>rities Acquired (A) or<br>osed of (D) (Instr. 3, 4<br>o) |                 | 6. Date Exercisable an<br>Expiration Date<br>(Month/Day/Year) |                    | nd 7. Title and Amount of Securities<br>Derivative Security (Instr. 3 and 4) |             |   | ying   | 8. Price of<br>Derivative<br>Security (Instr.<br>5)            | 9. Number<br>derivative<br>Securitie<br>Beneficia<br>Owned<br>Following | re<br>es<br>ally   | 10. Ownership<br>Form: Direct<br>(D) or Indirect<br>(I) (Instr. 4) | 11. Nature of<br>Indirect Beneficial<br>Ownership (Instr.<br>4) |
|   |  |                                   |   | Code                     | v          | (A)  | (D)  | Date<br>Exercis |   | Expiration<br>Date |  |             | Amount o<br>Number o  |  |  | Reported<br>Transaction(s)<br>(Instr. 4)                                |  | s)   |   |
| Evaluation of Decamese:                                   |  |                                   |   |                          |            |  |  |                 |   |                    |  |             |   |  |  |   |  |  |   |

Explanation of Responses:

1. Represents transaction on the Euronext Paris Exchange at a price of EUR 17.68 per share. Price reported herein is based on an exchange rate of EUR 1 to USD 1.1021 on the date of the transaction.

## Remarks:

/s/ Lisa P. Wang, Attorney-In-Fact
\*\* Signature of Reporting Person

11/25/2019 Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Reminuel. Report of a separate line for each class of securities beneficially of information.

If the form is filled by more than one reporting person, see instruction 4 (b)(v).

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Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

TechnipFMC plc

LIMITED POWER OF ATTORNEY (For Executing Forms 3, 4 and 5)

Know all by these presents, that the undersigned hereby constitutes and appoints each of Dianne B. Ralston, Stephen Siegel, and Lisa P. Wang, signing singly, and with

1. Execute for and on behalf of the undersigned, in the undersigned's capacity as an officer or director, or both, of TechnipFMC plc (the "Company"), Forms 3, 4 and

- 2. Do and perform any and all acts for and on behalf of the undersigned that may be necessary or desirable to complete and execute any such Form 3, 4 or 5, complete
- 3. Take any other action of any type whatsoever in connection with the foregoing which, in the opinion of such attorney-in-fact, may be of benefit to, in the best in The undersigned hereby grants to each such attorney-in-fact full power and authority to do and perform any and every act and thing whatsoever requisite, necessary and This Limited Power of Attorney shall remain in full force and effect until the undersigned is no longer required to file Forms 3, 4 or 5 with respect to the undersigned IN WITNESS WHEREOF, the undersigned has caused this Limited Power of Attorney to be executed as of this 1st day of May 2019.

/s/Olivier Piou Name: Olivier Piou